

Southern Highlands Private Hospital

Hospital Description

“Your health, our community our commitment”

Southern Highlands Private Hospital is a 71 bed acute medical and surgical hospital, co-located with the public hospital, Bowral and District Hospital. Southern Highlands Private Hospital provides an extensive range of on-site medical, surgical and support services for the community of the Southern Highlands and beyond.

Our Hospital prides itself on the expertise of the doctors, nurses and support staff who are part of Southern Highlands Private Hospital, and the high quality of our services. Due to our focus on continuous quality improvement and our compliance with world-class hospital standards, Southern Highlands Private Hospital has achieved the three year certification in ISO 9001:2008.

Southern Highlands Private Hospital is built on one hectare of land in the heart of Bowral, the centre of the beautiful and peaceful Southern Highlands.

The Southern Highlands comprises of three towns, Mittagong, Bowral and Moss Vale, and many small villages. This is a regional area, with a rural atmosphere and industry. It is a strong tourist area, being only 1 ½ hours from Sydney, 1 ¾ hours from Canberra and 55 minutes from the South Coast. It is a wine growing area and is the home of Don Bradman the famous Australian cricketer.

It has 4 seasons, with autumn and spring being very beautiful. The winter can be cold and the summers mild.

Our Medical & Surgical Focus

Southern Highlands Private Hospital provides an extensive range of inpatient and day only services all located on-site for the convenience of our patients. Equipped with the most advanced medical, surgical and diagnostic technology, the Hospital and our highly skilled practitioners are able to provide the very best in medical and surgical care and rehabilitation services to patients.

Our Specialities Include:

- Colorectal Surgery
- Ear, Nose & Throat Surgery
- Gastroenterological Procedures
- General Surgery
- Gynaecology & Advanced Endoscopic Gynaecology
- Eye surgery
- Oral and Maxillofacial surgery
- Orthopaedic Surgery, specialising in joint replacement
- Urology
- General Medical Care
- Rehabilitation Services

Comprehensive services in pathology, imaging, pharmacy, physiotherapy, occupational therapy, psychology, speech pathology, dietetics and discharge planning are also available on site. Our medical staff provide medical cover 24 hours a day, 7 days a week.

Surgical Procedures

Southern Highlands Private Hospital has 4 modern operating theatres in which are undertaken, an extensive range of surgical procedures.

Day Surgery

A wide range of day procedures are undertaken in Southern Highlands Private Hospital Day Surgery Unit including endoscopy, colonoscopy, orthopaedic, urology, gynaecology, eye surgery, ENT surgery and minor general surgery.

Rehabilitation Services

The Hospital has a Rehabilitation Medicine Specialist who coordinates the care and treatment of rehabilitation patients.

Rehabilitation is a specialist area of medicine, which aims to assist patients to regain their functioning and independence after injury or illness.

The hospital has an experienced rehabilitation team who are involved in patient's treatment as an inpatient or a day patient. We provide rehabilitation programs in orthopaedic, strokes, pain management and reconditioning.

The hospital also has a large hydrotherapy pool for individually tailored exercise programs, together with gymnasium and physiotherapy centre.

Program Commencement Date

Because of our size, we have capacity to take on only 2 new graduates per year. We prefer the new graduates to commence together for support, and preferably to commence in the annual February intake.

We are happy to accommodate either full time or part time staff, depending upon what meets your needs.

Programs offered

General Graduate program

Combined General and Peri-operative program

Rotations

As we have 2 wards with more than one specialty we provide a medical, surgical/high dependency, rehabilitation and a peri operative/day surgery rotation. Each rotation is approximately 3 months.

Brief descriptions of each area you rotate through.

All Nursing Unit Managers (NUM's) and After Hours Managers are qualified or experienced in emergency, cardiac, cardiothoracic or intensive care nursing.

Banksia Ward

Beds: 27

- **Speciality:** Acute Medical Conditions, Rehabilitation and Palliative Care
- **Information**
 - Various case mix, busy ward
 - Ward focus is based on excellence in care and meeting patient expectations with a strong emphasis on teamwork
 - Experienced committed staff, some of whom have worked there for several years. Some qualified in Palliative Care Nursing and others in Rehabilitation Nursing.
 - Commitment to mentoring New Graduate and Trainee Enrolled Nurses
 - Excellent working relationships with Physicians and GP's
- **Education**
 - Ward CNS – preceptors
 - Hospital Education Program: varies from year to year
 - Dedicated Hospital and Ward Orientation and Hospital Education
 - Post Graduate education in palliative care and rehabilitation is encouraged.

Waratah/High Dependency Ward

Beds: 40 beds; HDU. 4 beds

- **Specialities:** Surgical – Orthopaedics, General and Colorectal Surgery, Gynaecology, Urology, Ear Nose and Throat Surgery
- **Information**
 - Main focus on knee and hip replacements, laparoscopic general surgery, trans urethral resection of prostate, laparoscopic and endoscopic gynaecology
 - Varied case mix with fluctuating occupancy
 - Ward focus is based on excellent care and meeting patient expectations with a strong emphasis on teamwork
 - Experienced, committed staff and some of whom have worked there for several years
 - Commitment to mentoring New Graduate and Trainee Enrolled Nurses
 - Excellent working relationships with surgeons
- **Education**
 - Ward CNS and Preceptors
 - Hospital annual education program: varies from year to year
 - Dedicated Hospital and Ward Orientation and Hospital Educator
 - Opportunities for post graduate studies

Operating Theatres and Day Surgery Unit

Beds: Operating Theatre - 4 Day Surgery - 7 trolleys

- **Speciality:** All surgical (both major and minor) procedures performed in operating theatre.
Day Surgery: Gastroenterology, ophthalmology, oral/faciomaxillary surgery, minor urology, minor general surgery, minor ENT surgery, minor orthopaedic surgery.
- **Information**
 - Specially trained scrub nurses, anaesthetic nurses, recovery nurses and CSSD staff
 - Strong emphasis on teamwork, excellence in service to patients and surgeons

- Commitment to “training their own”
- Excellent working relationships with surgeons and anaesthetists
- Day Surgery Unit rated the second highest in Ramsay for patient satisfaction
- **Education**
 - Theatre CNS, Recovery CNS
 - Regular in-service programs from suppliers of equipment.
 - Dedicated Hospital and Theatre/Recovery/DSU orientation.
 - Opportunities to learn to become a “scrub” nurse.
 - Post Graduate opportunities in perioperative nursing is available

Employee Benefits

We hold an annual hospital party in mid year and all Departments hold their own Christmas function. We hold several staff lunches during the year, especially for International Nurses Day and Melbourne Cup Day. Staff are entitled to 10% discount at a local Pharmacy and a local butcher, once they have been employed for three months.

Cappa’s Café provides meals and refreshments for all staff at 10% discount. Meals can be ordered from the kitchen at weekends and on public holidays.

Parking and transport

There is ample parking in the streets surrounding the hospital, but we do ask that you do not park on the residential side of the street. Staff can park in the hospital car park after hours, at no cost, to ensure safety after hours.

The train station is a 15 minute walk from Southern Highlands Private Hospital.

Contact details

Please contact Sally Kirkwood or Jenny Harper for further information

Sally Kirkwood, Hospital Educator and New Graduate Coordinator

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All applications must be made via the Gradplus website:

www.ramsayjobs.com.au/gradplus